

Project Launch Partner Resources

Helpful publications, webinars, parent tip sheets, and videos developed by Project Launch's partner Parent Training & Information (PTI) Centers.

Family Matters Parent Training & Information Center (Effingham, IL) <https://fmptic.org>

[*Building Effective Communication Skills: Tips for advocating for yourself and others*](#) (2025 video presented by Zoie P., self-advocate)

[*April Vlog 2025*](#) (2025 video, presented by Bridget B., self-advocate)

IN*SOURCE (South Bend, IN) <https://insource.org>

[*Young Adult Future Planning Program*](#) (webpage)

Individuals aged 14-26 who have a documented disability can enroll. In this program, young adults with disabilities will learn about:

- Self-advocacy
- College exploration
- Workplace readiness

KY-SPIN, Inc. (Louisville, KY) <https://www.kyspin.com>

Supported decision making is an alternative to guardianship. It is a way to support individuals with disabilities while they make their own informed choices.

[*What is Supported Decision Making?*](#) (brochure)

[*Supported Decision Making–Understanding your options series*](#) (2024 video)

Michigan Alliance for Families (Lansing, MI) <https://www.michiganallianceforfamilies.org>

[*What's your SPIN?*](#) (2024 video)

SPIN stands for Strengths, Preferences, Interests, and Needs, and it's one way to think about the life you want and communicate those ideas with your family, teachers, and friends. These short videos feature youth self-advocates.

[*Self Reliance for Youth Experiencing Foster Care*](#) (2023 video)

Hear from youth who have experienced foster care talk about the importance of self-reliance and speaking up for yourself. They share advice to keep moving forward to learn and have the best results.

Ohio Coalition for the Education of Children with Disabilities (Marion, OH) <https://www.occad.org>

The “Youth Empowerment” comic series will focus on empowering transition age youth to become self-advocates. We hope this resource will inform youth about youth empowerment, self-determination, self-advocacy and more. Stay tuned for more adventures in “Youth Empowerment”!

[Issue #1 - My Adventures in Youth Empowerment](#)

[Issue #2 - Why Self-Advocacy is Important to me!](#)

[Issue #3 - Why Self-Advocacy is Important to me continued!](#)

[Issue #4 - Social Interactions](#)

West Virginia Parent Training and Information (Buckhannon, WV) <https://wvpti-inc.org>

[Supported decision-making](#) (tip sheet)

[Self-advocacy in education and life](#) (tip sheet)

WI FACETS (Milwaukee, WI) <https://wifacets.org>

Our IEP checklist takes you through three steps – preparing for, participating in, and following up after the IEP. Be ready with our easy-to-follow checklist!

[IEP checklist in English](#) (booklet)

[IEP checklist in Spanish](#) (booklet)